

AFTERCARE

Usually, your hospital stay is five to ten days, depending on your recovery progress.

You will be discharged to go home if:

- You no longer have an IV;
- You can tolerate regular (solid) food (not with gastric corrections);
- Paracetamol is enough as pain relief, and you no longer need injections or IVs for the pain;
- You are sufficiently mobile;

Your blood results are sufficiently normalized.

Usually, you will reach the criteria above within five to ten days

You have to be able to meet all of the requirements above to resign. The surgeon will consult with you when you can go home.

If you could function independently before the operation, you will typically not need extra care at home after the procedure. However, it is advisable to receive help from your partner, family, or loved ones during the first period. You can usually resume work and other activities after a certain period. If you observe the agreed rest period.

Complications

Your doctor has informed you in advance about the possible complications of an operation. When you return home, it is essential to be alert for symptoms that may indicate complications. Any possible complications will be discussed with you before your discharge.

For complaints that occur on arrival in the Netherlands, you can contact Bproud Esthetics.

Please contact Bproud Esthetics in any case:

- If your temperature is higher than 38.5°C;
- If the wound is red or exudate;
- If the painkillers do not help, or the pain increases;
- if you are persistently nauseous and/or vomit;

if you are worried or in doubt

